Sunrise Group History

The Sunrise Meeting was started under the guidance of the Noon Cobb Group ca. 1997, meeting originally on Saturday mornings only. The schedule was expanded twice after that, until the meeting took place every day but Sunday. The meeting was founded by Alan R. Other early contributors included Patrick B., Farris J., John R., and Paige W.

In 2007, the Cobb House had been sold by it's owners, the Episcopal Church. All of the Cobb Groups were forced to find new meeting places. Thanks to the efforts of Farris J. and Roque F., the Sunrise Meeting was the first to find new lodgings and we left the Cobb House in early July of 2007 for the Sparrows Nest Mission Church at 745 Prince Ave., where we continue to meet.

Penuriously denied seed money by the Noon Cobb Group Conscience, to whom we had dutifully ceded every last penny of our income for some ten years, we took a special, one time, contribution from our more solvent participants and were able to procure the needed supplies, pay the first month's rent, and hold our first meeting at the Sparrow's Nest on July 12, 2007.

In 2008 we voted amongst ourselves to become a group, registered with the State organization, and have not looked back. Bill C. became our first GSR, followed by Scott H. and, currently, Bill D. serves as our first officer. Some early members were Bill C., Bill D., Scott H., Chris S., Bix W., a couple of John Bs/, Ron L., Farris J., Roque F., and many others.

The Sunrise Meeting has a different flavor than other meetings in the area; we banter openly, but lovingly, at each other, but always with individual and group sobriety first and foremost in our minds. This approach does not find universal approval in the Athens AA firmament, but we continue to be who we are and feel we offer a unique and useful alternative to more conventional AA meetings.

We can be found at the Sparrow's Nest Church, right behind the Dunkin' Donuts on the corner of Milledge and Prince avenues weekday mornings at 7am and Saturdays at 8am. In addition, there is a popular Big Book Study upstairs at 8am on Saturdays.