

How It Works Group History

How It Works Group was started by a small group of members from the Turning Point Group. Turning Point met on Monday and Thursday with two meetings on Monday and one on Thursday. All meetings were well attended. The Thursday night meeting simply was overcrowded (50 - 60+ people). A small group wanted the Thursday night meeting to split into two meetings like the Monday meeting. The topic of double meetings on Thursday night was discussed at several Group Conscience Meetings with the vote being not to split into double meetings. Seven members (Walt B., Doug. D., Bobbie M., Carl M., David P., and John R.) decided to leave Turning Point and begin a new group. Rev. E. R. Bolen of Milledge Avenue Baptist Church in Athens was asked in October 18, 2004 about a meeting place for a new A.A. group. The approval was given and the first meeting was on October 29, 2004. The Friday night meeting started with 6-15 in attendance over the next year. Other people who attended regularly the first year were Bob B., Frank L., Alice McM., John M., Georgia P., Travis P., Ed W. and Sally W. Six members of the new meeting wanted to form an A.A. Group. They met on August 19, 2005 and registered the How It Works Group with Macon and G.S.O. The group name came from the group members desire to have all discussion topics centered on how the 12 Steps and 12 Traditions work in their lives to enable them to recover from active alcoholism. Since October 2004, when the meeting size ranged from 6-15 in attendance, today meetings range from 25-60+.

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Milledge Avenue Baptist Church
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