

## **Living Sober Group**

The Living Sober Group was founded in February of 2009 by Jason B. and Jim T. Living Sober was started to give AA members living on the east side of Athens another meeting to attend, as New Freedom was the only meeting on the east side at the time. Jason B. was in charge of securing a suitable meeting location and in March of 2009, Jim T. filled out and submitted the paperwork for Group status. Living Sober became a registered group with the General Service Office on April 15, 2009. The group has always met at Saint Gregory's Episcopal Church on Barnett Shoals Rd. The first meeting was held in a small room upstairs and was attended by David K., Zack S., Jimmy P., Richard W., Jason B., Jim T., Walt B., and the late, great Joe M.

As the group grew in popularity, it was necessary to move downstairs to a larger room in the church. Living Sober has always been an open discussion format on Wednesday nights, with a speaker meeting on the last Wednesday of the month. From the very first meeting, it was decided that the 9<sup>th</sup> Step Promises would be read at the close of the meeting, much in the same fashion as was customary in the early AA meetings in Athens. The founding members were Darrell C., Alice M., Daniel S., and Jason B. The first speaker was John M.

Today Living Sober has steady attendance and currently there are 18 members. There is a great deal of quality sobriety in the group. Walt B., Anita H., and Bill H. are Living Sober old timers that are a valuable source of experience and inspiration. Living Sober meets every Wednesday night from 7:00 - 8:00 pm. Come see us!